

Cerebral Cortex
Copper

Pineal
Carbon

Central Nerve System
Potassium

Thyroid
Iodine

Organs

Tissues

Lungs
Copper

Corneas
Zinc

Heart
Magnesium

Skin
Sulfur

Liver
/Spleen
Phosphorus

Bone
Calcium

Kidneys
/Prostrate
Zinc

Blood vessels
Iron

Pancreas
Chromium

Small intestine
Selenium

Cartilage/
ligaments
Silica

